

REVIEW: Philippians 2:5-6.

We looked at the first three *Mentalizing* principles last time, and, today, we look at three more. Remember, mentalize (transliterated from Portuguese) means to "*develop a mind-set*". We want to develop a mind-set for ministry, a mind like Christ's. (Philippians 2:5-8)

4 **Show a *caring spirit* toward your people.** Read the passages below and create a statement describing *how Paul showed a caring spirit in action*.



Acts 27:33-36

Romans 9:1-4; 10:1

2 Corinthians 2:1-4

Galatians 4:20

Colossians 2:1-5

1 Thessalonians 2:7-9

Can you say you care for people like Paul did? What can you do this week to show more care to the people to whom you minister?

5 **Make instruction of the Word a *priority*.** The majority of 'mentalizing' comes from right here. It is only the Word of God getting into people's hearts and lives that will change them. The only way people can keep from being conformed to this world and be transformed is through what?



. . . be transformed by the r_____ of your mind. (Romans 12:2) After Paul proclaimed the Gospel (and even *as* he proclaimed the Gospel!) he taught his new converts how to live. Then he sent back letters full of instruction to continue the mentalizing process. We need to do the same. From the verses that reveal this vital discipleship principle, I believe we can drive four sub-principles.

Read the sub-principles and the verses and produce a key word.

Sub-Principle	Verses	Key Word
Dispel ignorance of God's Word and Plan.	1 Cor. 10:1; 12:1; 1 Thess. 4:13	
Share what you have already learned.	1 Corinthians 11:3, 23	
Remind, review.	Romans 15:15; 1 Thess. 4:1-2	
Build on it.	1 Corinthians 11:34b; 12:31	

Are we ***dispelling*** ignorance? Are we ***sharing*** what we've learned with people? Are we ***reminding*** them of and reviewing important concepts? Are we ***building*** on what we've already taught them?

Do we sound like that? Are we encouraging people? Are we thanking them for the ministry they've had in our lives and in the lives of others? Are we commending them before others?

6 **Lead your trainees into new areas of growth and new heights of spirituality by example.**



If, as we said, the majority of mentalizing occurs through the teaching of the Word, then the introduction and the conclusion are read right here. What even sparked that eager young man's interest in the first place? Your life. The difference he saw in you made him want to know more. "Follow my example, as I follow the example of Christ." (1Corinthians 11:1)

Paul led by example. He didn't force people to do something or lay down the law even though he could have. He appealed to them based on love and a Spirit-controlled life. He did first what he expected of others.

Read the passages below and create statements which demonstrate that Paul did first what he expected of others.

Passage	Statement Demonstrating that Paul Did First What he Expected of Others
2 Timothy 1:5-14	
2 Timothy 2:1-10	
Philemon 1:8-18	

We, as leaders, have got to be developing our spiritual lives. It doesn't come automatically. And it's not just maintaining an emotional "high-on-Jesus" attitude. It takes ***work***, engaging in spiritual disciplines.

Think about your spiritual life now and in the past. What are you doing now that you didn't do five years ago? What's helping? What isn't? Let's commit ourselves to working at developing our spiritual lives . . . and ***mentalizing*** our disciples as well.

Which of these three mentalize principles do you want to work on this week?

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Next week we'll look at ***mobilize*** principles.



MEMORIZE: Add verse 7 to Philippians 2:5-6 this week.

"Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men."
- Philippians 2:5-7