

Review Galatians 5:16-18.

We have been learning to walk worthy of our calling (4:1) and be transformed—not walking as we once did (4:17).

As we continue learning about the fruit of the Spirit, today we contrast **patience** with **outbursts of anger**. Many times, our outbursts of anger towards people have their roots in dissatisfaction or anger towards God. Observe how the people in today's stories responded toward God—in **patient acceptance** and **bitter anger**.

Read Ruth 1:1-5.

How difficult would this be for you?

Finish reading the rest of the chapter (Ruth 1:6-21) and answer the questions below on your flipchart (and on your worksheet).

1. What does this passage say?
2. What did this passage mean to its original audience?
3. What do we learn about the essential gospel truths? (God, man, sin, death, Christ, cross, faith, life)
4. How should I respond to God?
5. How should I change the way I relate to people?



Contrast Naomi and Ruth's attitude with Job's wife's attitude (Job 1:9-10). Why do you think they were so different?

What can you do to cultivate the calm, patience, and acceptance of Naomi?

Memorize Galatians 5:19 this week.

08

Transformed!

Part 4

