

Review Galatians 5:16-18.

We have been learning to walk worthy of our calling (4:1) and be transformed—not walking as we once did (4:17).

As we continue learning about the fruit of the Spirit, today we contrast **patience** with **outbursts of anger**. Many times, our outbursts of anger towards people have their roots in dissatisfaction or anger towards God. Observe how the people in today's stories responded toward God—in **patient acceptance** and **bitter anger**.

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Transformed!

Part 5

Read 1 Samuel 25:1-42.

Contrast Nabal's attitude with Abigail's attitude.

Why do you think they were so different?

Where was David on the kindness/selfishness pendulum before Abigail met him?



What help do you find in this passage to grow kindness in your life?

What will you do this week to develop kindness toward others?

What is the dominant worldview in the area where you are living?

Thinking of your “neighbors” who are part of that worldview, how well do you think they know and understand the Bible?

Memorize Galatians 5:20 this week.