

Review Ephesians 6:14-15.

05

Part 1

Spiritual Warfare!

THE ARMOR OF GOD

Read Ephesians 6:10-18 and answer the questions below.

Against whom are we fighting
(using this armor)?

How does God expect you to
use it?

Is any one piece or any
instruction key to all of it?

Talk about each piece of the
armor. What is the purpose of
each piece?

Talk about how you can use
each piece practically.

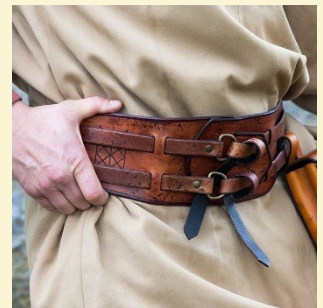
Compare the armor in Eph. 6
with Gen. 15:1; Psalm 17:13;
18:2; 91:4; 93:1; Isaiah 11:5.

What did you learn?



Looking a little Deeper at each Piece . . .

The Belt of Truth



The Breastplate of Righteousness



Memorize Ephesians 6:16-17. (ESV)

“In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; ¹⁷ and take the helmet of salvation, and the sword of the Spirit, which is the word of God.”

Pray to put on the Belt of Truth. Gracious and Mighty Lord, today I put on the full armor of God, so that I can withstand against the wicked plots of the enemy against me. I know I do not fight against flesh and blood, but against evil spiritual forces. I stand firm, planted in you, my Savior. I put on the belt of truth around my waist. I affirm and believe in your truth alone, Lord, and will not fall into the trap of believing the lies of the world. Guide me in your truth, and to not lose sight of that. Help me to know your truth versus the deceitfulness of the enemy.

Pray to put on the Breastplate of Righteousness. Lord, I put on the breastplate of righteousness. For I know that I have been forgiven and freed from death because of Jesus. I live in Christ as a new man/woman and pursue righteousness over sinfulness and the desires of my flesh. Help me walk in your ways of goodness, humility, and love, so that I live a life of righteousness that is pleasing to you and draws others to want to know more about you.

Pray to put on the Shoes of Readiness. Lord, I pray that my feet would be fitted with the readiness given by the gospel of peace. Help me step into that readiness and walk firm confident in that peace which comes from my relationship with You. Help me to share the gospel with others that they may have peace.

Pray as you secure the Shield of Faith.

Lord, I take up the shield of faith. I depend on You; help me not to doubt or worry. I trust You, the Faithful One and in Your promises to which You are faithful. I trust You to provide for my needs. But more than this, I trust You to quench every fiery dart the enemy throws my way. I will not be shaken, rather, I will trust in you each day regardless of my circumstances.

Pray as you put on the Helmet of Salvation. Lord, knowing my salvation in Christ is a gift, I put on the helmet of salvation. I believe Jesus died, paying the penalty for my sins and rose from the grave, saving me from eternal death. I know I serve a living God, a risen Savior, and I place my faith fully in His redemptive work accomplished on the cross and secured in His resurrection. Thank You. Help me to share your salvation with the world.

Pray to take up the Sword of the Spirit. Lord, I take the Sword of the Spirit, which is the Word of God. Your Word reminds me of who you are, helps me be aware of my sin, and to know your truth in all things. I will use your word to fight against the Devil, his lies, and his angels. May your Word be a lamp to my feet, a light to my path, may it purify my thoughts and intentions. Today and every day, I will read, remember, and relish what your Word says so that the Gospel will reverberate from my life and help bring others to You.